



# MyLocal830Nurse

Your Local 830 nursing team is available to all participants (and covered dependents) of the Teamsters Local 830 Health & Welfare Fund.

Your nurses can assist with most healthcare needs including:

- Visits at home or in the hospital to assess your care needs
- Accompany you in-person or virtually to doctor office visits to help you understand health issues and to ask appropriate questions of your care team
- Identify providers for all your care needs including second opinions and help schedule appointments
- Help you understand new diagnoses and assist with decisions concerning treatment options
- Help you get things you need such as medical equipment

Contact your nursing team by calling 610-268-9470.

Nurses are available Monday – Friday  
from 8:00 AM to 4:00 PM, except holidays.



**MY Union NURSE**

Temple Center for Population Health